

Farm To Market: Nuts

Assessment of Prior Knowledge:

- How many different kinds of nuts can you think of? Do you know where nuts come from?
- How do you usually eat nuts: in candy bars? in salads? in main dishes? or maybe just plain?

Vocabulary:

Seed: The part of a tree or plant from which a new plant will grow

Hull: The outer covering of a seed or fruit

Meat: The part of the nut that can be eaten

Shell: The hard outer covering of a nut or seed

Orchard: A piece of land where fruit trees are planted

Comprehension Questions:

Almonds and Walnuts

1. What are the different stages an almond or a walnut goes through as it develops?
2. What fruit is the almond related to?

Other Varieties

1. What color is the meat of the pistachio nut?
2. Which nut grows in a spiny pod?
3. Where do macadamia nuts grow best?
4. Why is a peanut not a nut at all?

Harvest

1. How are nuts harvested? Is this different from the way that most tree fruits are harvested?

Discussion Questions:

1. What do different varieties of nuts have in common and how are they different?

Follow-up Activities:

- Students can research the nutritional value of nuts and learn about their importance in people's diets around the world. Are different nuts grown in different places? What are the different ways that nuts are used in different places - for flour, oil, etc.?
- Even though peanuts are not really nuts, it is an interesting story how George Washington Carver discovered the peanut's many uses. Students can research Carver's work and then consider how other foods may have been "discovered."



The Phoenix Learning Group, Inc.

2349 Chaffee Drive, St. Louis, Mo 63146

314-569-0211 FAX: 314-569-2834 800-221-1274

www.phoenixlearninggroup.com