

Drawing with Mr. J!

Falling Leaves

Today's challenge is "falling leaves." Mr. J invites students to draw along as they identify how different people can experience varying emotions during an activity. He discusses how sharing all of our emotions before, during, and after an activity is important while empathizing with the feelings of others.

Ohio SEL Standards

- **Self-Awareness:**
A1.2.b: Identify that emotions are valid, even if others feel differently
- **Social Awareness:**
C.1.3.b: Demonstrate empathetic reactions in response to others' feelings and emotions

This video aligns with Ohio's Early Learning and Development Standard, Social & Emotional Development, Self-Awareness: 1.a. Develops and expands understanding of oneself as a unique person; 1.b. Develops understanding of emotions; Self-Regulation 2.a. Begins to manage emotions and actions; and Relationship Skills: 4.a. Develops secure, trusting relationships with adults (Pre-Kindergarten).

View and Sketch: *5 minutes*

Distribute sticky notes or small scraps of paper to your students and allow them to sketch along with Mr. J as they watch the video. We encourage you to share students' work on Instagram @wosuclassroom #DrawingWithMrJ.

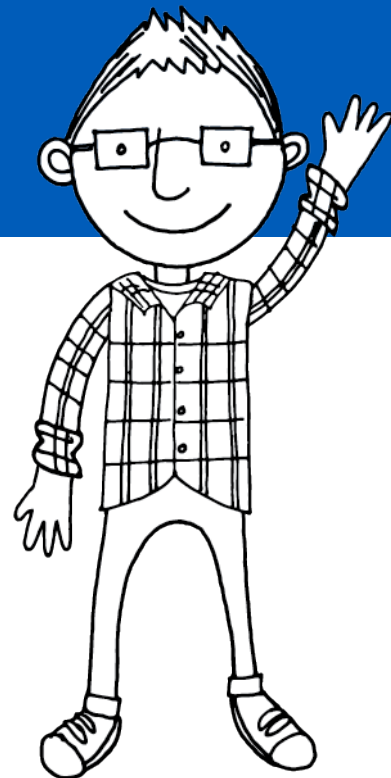
Chat: *5-10 minutes*

After viewing the video with the class, choose 1-2 discussion questions to work through in whole or small groups or as a writing prompt.

- Help students identify emotions. How does your body react when you are scared? How does your body react when you are having a lot of fun?
- Identify what prompts our emotions. When was a time you had a lot of during an activity? When was a time you felt scared during an activity? How were you able to process your excitement or fears?
- Promote awareness and/or empathy. When was a time you had fun during an activity but you could tell that someone else was not enjoying themselves? How could you support them through that experience?



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Read: 10 minutes

Use these picture books to spark continued conversation with students about the feelings discussed in the video.

- *I Definitely Don't Like Winter* by Fiona Barker
- *Cookie and Broccoli: Ready for School* by Bob McMahon
- *A Very Big Fall* by Emmy Kastner
- *Faces of Fall* by Daisy Sud

Share: (Home to School Connection)

To strengthen the home to school connection, keep families informed about the work happening in the classroom. Feel free to copy or adjust the following message to include in class newsletters.



Today, your child learned why sharing their emotions during an activity is important as well as empathizing with the feelings of others. Our class discussion focused on:

- Help students identify emotions. How does your body react when you are scared? How does your body react when you are having a lot of fun?
- Identify what prompts our emotions. When was a time you had a lot of fun during an activity? When was a time you felt scared during an activity? How were you able to process your excitement or fears?
- Promote awareness and/or empathy. When was a time you had fun during an activity but you could tell that someone else was not enjoying themselves? How could you support them through that experience?

We encourage you to continue the conversation at home. There are many wonderful books that explore different family traditions. A few that we recommend include:

- *I Definitely Don't Like Winter* by Fiona Barker
- *Cookie and Broccoli: Ready for School* by Bob McMahon
- *A Very Big Fall* by Emmy Kastner
- *Faces of Fall* by Daisy Sud

Extend:

- Make a class split bar graph of activities that students enjoy or not for further discussion.
- Create a comic page of two friends doing activities that one loves and the other does not. How do they acknowledge and support each other through their fun?
- Collect leaves (or find fake ones) and glue them down to a page. Students can draw on them to make them into characters enjoying different activities.
- Provide pairs of students with a list of flash cards with different activities and foods to prompt discussions about preferences.
- PBS for Kids Games with Emotions (for younger students) [wosu.org/pbskids/games](https://www.wosu.org/pbskids/games)