

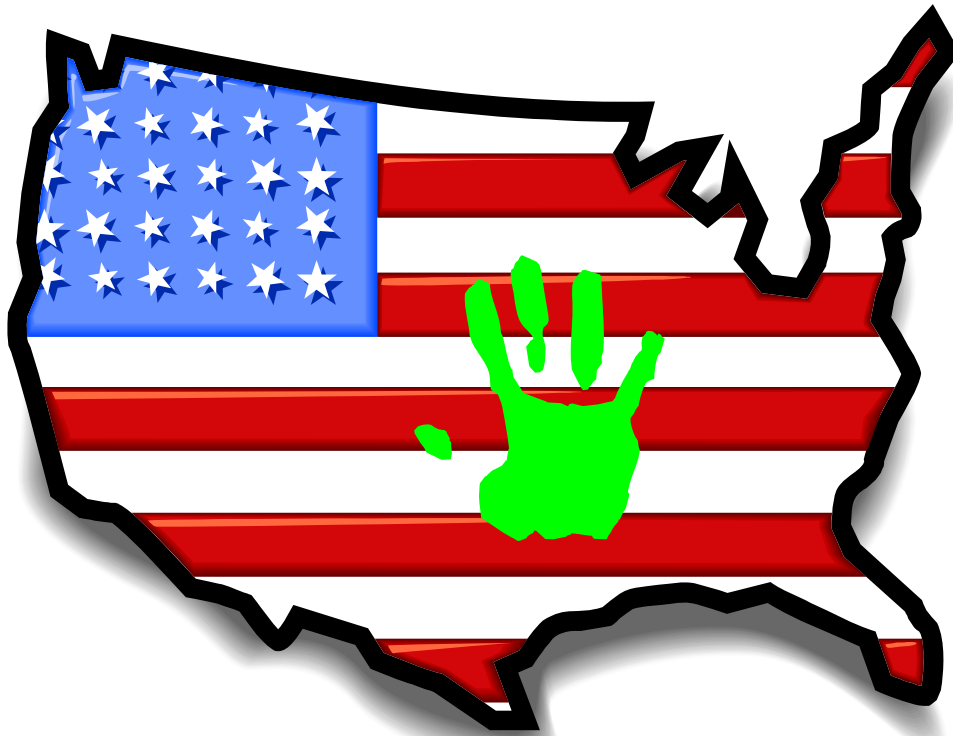
#10175 CRAFTING IN THE USA: HAWAII

KS, INC., 2003

Grade Level: 5-12

27 Minutes

6 Instructional Graphics Included



CAPTIONED MEDIA PROGRAM RELATED RESOURCES

[#10173 CRAFTING IN THE USA: DEEP SOUTH](#)

[#10184 CRAFTING IN THE USA: WEST—PACIFIC STATES](#)

[#10181 CRAFTING IN THE USA: SOUTH WEST](#)

Special Note

to Teachers, Parents, and
Group Leaders about the
"Hands On" Philosophy!

Hands On Crafts for Kids
is all about celebrating
our kids' creativity
through the following
three elements.



Creativity. Crafting is
truly a wonderful way
for children to express
themselves and build
self-esteem. The projects
are designed just for
kids to encourage
development of individual
style and expression.



Crafting with a Purpose.
Hands On invites kids
to use their crafting to
help others. From making
gifts to special projects,
crafting can be both a
fun activity for kids
and a source of ideas
for charitable projects.



Knowledge. Learning
takes place through
well-designed, curriculum-
based, creative projects.
As kids explore their
creativity, they will also
learn about the world we
live in.

All Kids are Creative!!



Dear Kids and Parents:

It's time for another journey with Hands On Crafts for Kids - across the United States! From New England and the Atlantic coast, all the way across the continental United States and even to Hawaii, its time to celebrate the customs and symbols of the 50 United States.

There are state birds, flags, landmarks, and design styles representing each of the major regions of the country. We also have a special section on Appalachia - an area rich in crafting tradition, and a chapter on folklore and legends like Pecos Bill and Paul Bunyon, and lastly a chapter on patriotic designs for the entire USA.

Though each project shows a finished craft and all of our steps - don't be afraid to use some good old "American creativity". Substitute your favorite colors and any supplies you might have around the house. Make each project the way YOU want to. With Hands On there's no right or wrong way — only your way!

We hope you'll watch Hands On Crafts for Kids on television, too. It can be found on Public Television Stations all across these United States! Check your local tv guide or visit us on the web at www.craftsforkids.com. You can find information on how to find the program in your area plus lots of other great projects!

A little red, white and blue is in order so choose your favorite project and lets get started on a trek across these great United States!



Publisher	Katherine Stull
Project Editor & Design	Barb Zimmerman
Production, Layout & Design	Tamara Durant
Printing	Press of Ohio

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Basic Instructions and Special Tips

Look these ideas over before you begin Crafting in the USA. Have a wonderful trip!



IMPORTANT!

When you see the "helping hand" symbol on a project page, it means you may need adult supervision to do the project. Always use care when using tools or a heat source. Be careful and safe!



Prepare and protect your work surface and your clothes

Prior to beginning your craft project be sure and cover your work surface with plastic or old newspapers. A neat and clean work surface makes for fun and easy crafting. Be sure and protect your clothes as well. Wear an old shirt or an apron. And always keep a roll of paper towels handy to wipe up spills.



Basic Supplies

There are some basic supplies that are used throughout the book which are not always in the project supply lists. Some of these general supplies are: paper clips, toothpicks, paper, tracing paper, paper plate/paint palette, bowls for mixing, etc. Always review the supply list and instructions before getting started. Make sure you have all your supplies ready before starting a project.



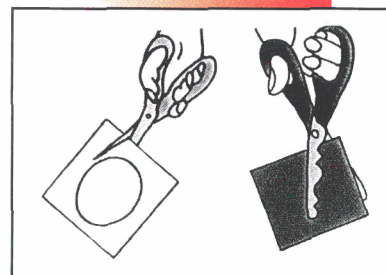
Read product directions

For best results, always read and follow directions given on each product label. Some products may seem to do the same thing, but there may be important differences you need to know. Sometimes it's helpful to test a product on a piece of scrap supply before using it on your project.

Basic Instructions and Special Tips, Continued

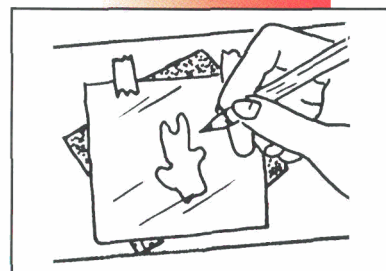
Cutting

When cutting with a pair of scissors, always work slowly and evenly. Hold the material you are cutting with the opposite hand, turning it toward the scissors as you cut. When using decorative edge scissors be sure and line up the cutting design that is along the edge of the scissor as you cut out shapes. Work slowly so you maintain a consistent decorative edge.



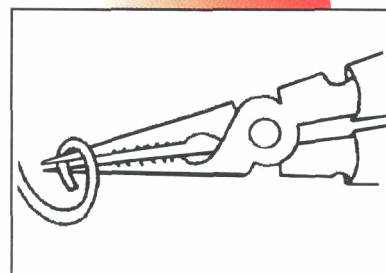
Tracing patterns

Trace the desired patterns from this book with a pencil onto tracing paper. Lay the traced pattern on top of a project surface. Place transfer, or graphite paper under the pattern then trace over design with a soft pencil, or crayon. Another way is to cut out the pattern from the tracing paper. Lay the cut out on your desired material, and draw around it.



Craft Wire

Craft wire comes in different sizes or gauges for example 18, 22, and 24 gauge. The higher the number the thinner the wire. Sometimes with thinner wire you can bend and shape it with your hands. However, some wire like the 18 gauge wire requires the use of needle nose pliers in order to bend and shape it to the desired design.



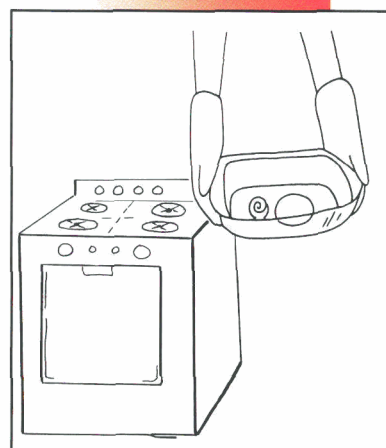
Clay

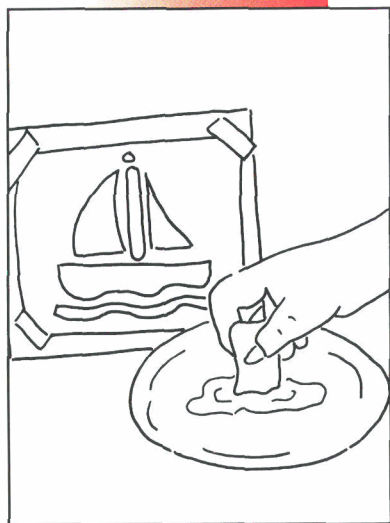
Oven bake clay

Knead clay until soft to make it easy to work with. Cover working surfaces with wax paper, then clean surfaces and wash your hands thoroughly after kneading. Bake clay on an oven proof glass surface in a 275°F oven for 15 minutes per 1/4" thickness, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.

Eraser clay

Bake clay on an oven proof glass surface in a 250°F oven for 10 minutes, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.





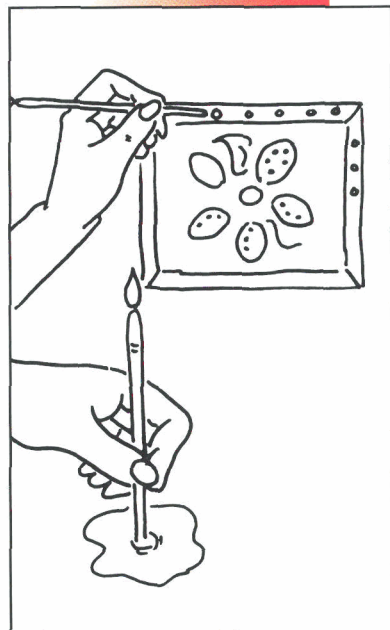
Painting Techniques

Stenciling

Secure the edges of the stencil with masking tape on the item you'll be stenciling. Squeeze a small amount of desired paint color(s) onto paper plate. Tap the flat end of a stencil sponge into the paint, tapping excess paint off on plate. Pounce the sponge onto the center of the stencil, applying an even coat of paint. To add an additional color to the same stencil pattern, use a clean stencil sponge and apply new color.

Dry-brushing

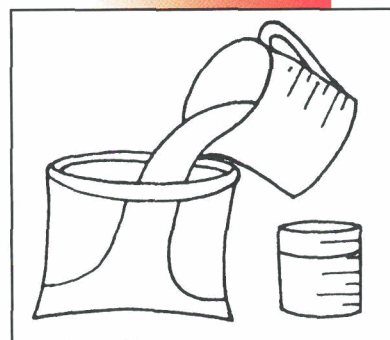
To dry brush, dip the tip of a dry brush into paint. Blot excess paint on a paper towel and apply in light strokes to surface.



Special effects

With paint or markers

You'll note that we frequently refer to adding special highlights to a project using paint or makers. To add decorative dots, eyes, etc. dip the end of a paint brush into desired paint color and apply it to your design. Lift the paint brush handle straight up from the project so the paint won't smear. Wipe off the end of your paint brush before changing colors. You can also use cotton swabs for this technique, however you'll need to use a separate one for each color used. You can achieve similar results by using markers from fine point to wide point markers. It's always recommended to use permanent markers so the colors won't bleed if used over paint or other mediums.



Instant Papier-Maché

Mix instant papier-maché in a plastic bag or mixing bowl. Add 32 oz. of water to 1lb. of instant papier-maché. Warm water mixes faster. Knead until firm like clay or stiff dough with no dry spots. If mixture is too soft, add more dry maché; if too dry, add water sparingly. Mixed instant papier-maché in a plastic bag will keep at room temperature for some time, or indefinitely in a refrigerator.

Flower Lei

by Joann Pearson
of Michael's Arts & Craft Store
www.michaels.com

A flower lei has become a symbol of welcome for visitors to Hawaii. Different flowers and colors represent each island: Niihau - white; Kauai - purple; Oahu - yellow; Maui - pink; Molokai - green; Lanai - orange; Kahoolawe - grey; Big Island of Hawaii - red.



You will need:

- ☐ Textured paper - yellow
- ☐ Bright colored floral bush
- ☐ Assorted plastic beads
- ☐ Elastic cord
- ☐ Decorative edge scissors
- ☐ 1/4" dowel
- ☐ Glue

Step-by-step:

1. Separate flowers from bush. Pull apart each individual flower so that you only have petals.

2. Cut twelve 2" x 6" strips of yellow textured paper with decorative edge scissors.

3. Roll strips of paper around dowel, slide off and glue edges to form a tube (paper bead). Make 12.

4. Cut a 36" length of elastic cord.

5. Thread 2 decorative beads, a paper bead, 2 more decorative beads, and a flower cluster onto cording.

Continue threading beads and flowers until you reach the desired length. Tie cording together at end in double knot.

Strathmore Kids® Series Patch Paper;
Fiskars® Paper Edgers; Beacon™ Kids Choice Glue™



Tapa Cloth Mat

by Cheryl Ball

Tapa making is a laborious native craft and is actually the same as Bark cloth. It is made from the inner bark of the mulberry tree. For this project we concentrated on the design and colors rather than the material.

You will need:

- ☐ Reed mat
- ☐ Acrylic paint - light green, dark blue, turquoise & light blue
- ☐ Foam stamps - leaf, border
- ☐ Stencil sponges
- ☐ 1" Foam brush

Optional:

- ☐ Compressed sponge

Step-by-step:

1. Using a dry sponge brush, paint a 1" border with light blue paint at the ends of the reed mat.
2. Squeeze light green, and turquoise paint on a plate. Place the border stamp on the work surface with the design facing up. Tap the flat end of a stencil sponge into light green paint and tap off excess on plate. Pounce this color onto one half of the stamp adding more paint on the sponge for an even application on the stamp. Working quickly sponge light blue paint on remainder of stamp, blending the paint where the colors meet in the center. Position the stamp about an inch from the edge of the mat and press. Use an even pressure on the entire back of the stamp to insure an even stamping.

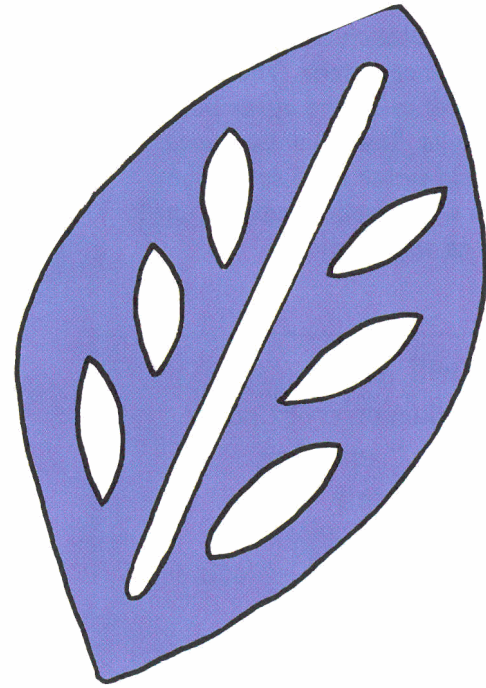
3. Continue around the edges of the mat adding paint for each stamping. For a variation, turn the stamp around alternating the green section then the blue next to the edge of the mat.

4. For the leaves in the center of the mat, sponge dark blue on the leaf stamp. Randomly stamp the pattern on the mat, applying more paint to the stamp for each stamping and rotating the stamp for variation.

Option:

Cut out leaf and border patterns. Trace onto compressed sponge. Cut out and soak in water. Wring out thoroughly and apply paint as in steps 2 through 4 above.

Step-by-step (continued):



Leaf Pattern

Border Pattern

Delta Ceramcoat® Acrylic Paint,
Rubber Stampede® Decorative Foam Stamps, Stencil Sponges

Barkcloth Shirt Greeting Card

by Patty Cox

Bark or Tapa cloth was created by Polynesian settlers. The men would cut branches from the paper mulberry tree. The women would peel away the outer bark with shells. The inner bark was soaked in water until soft, then beaten with wooden mallet's until it was as thin as cloth.



You will need:

- ☐ Vellum or craft paper
- ☐ 5" x 7" envelope
- ☐ Oil pastels - assorted colors
- ☐ Acrylic paint - black
- ☐ 1" sponge brush
- ☐ Scissors

Step-by-step:

1. Choose either vellum or craft paper.

If using vellum: Tape vellum over pattern. Color designs with oil pastels, leaving black lines white.

If using craft paper: Cut out pattern and trace outline of entire design onto craft paper. Color designs with oil pastels, remembering to leave white spaces between design lines.

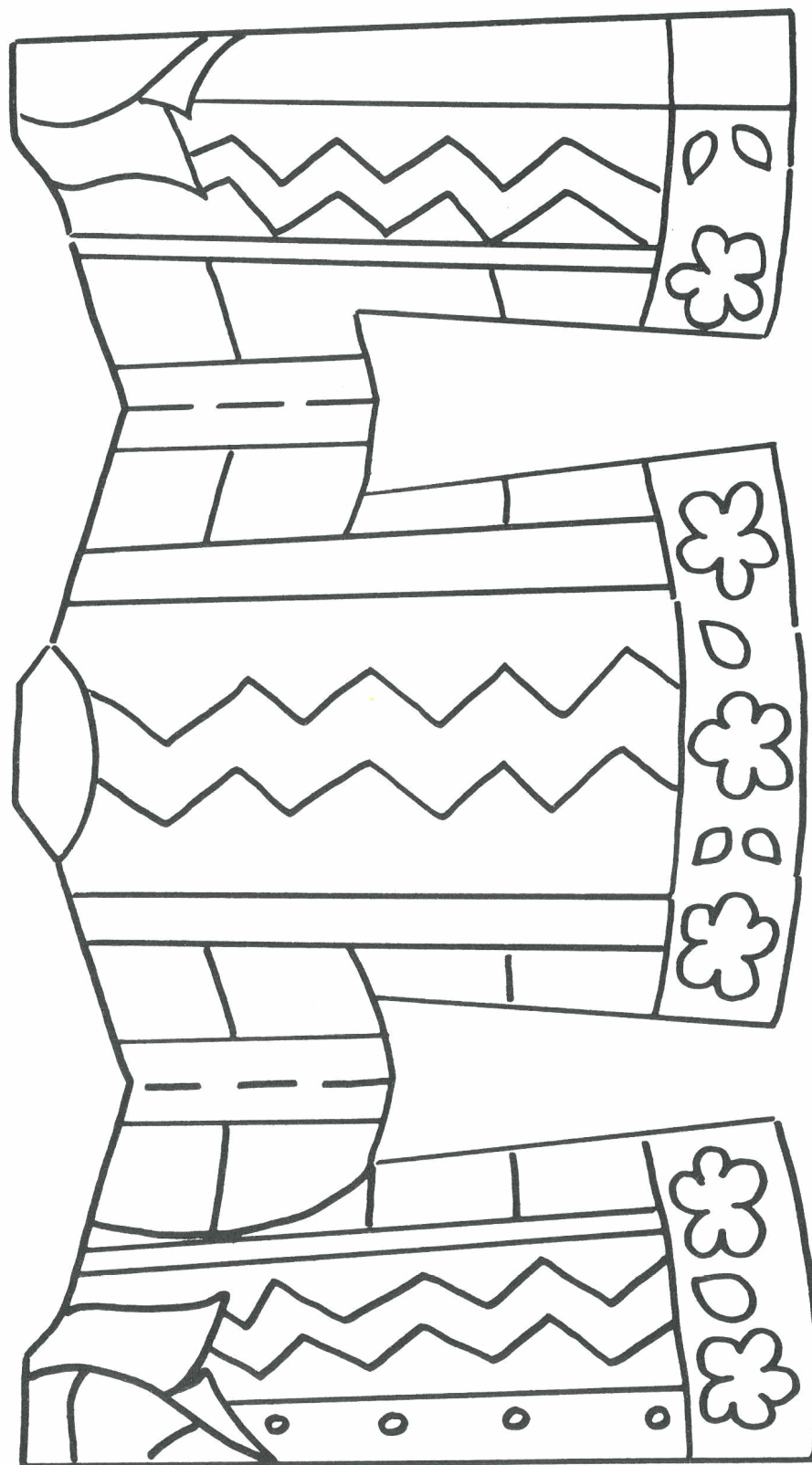
2. Tape edges to a newspaper work surface. Mix 2 parts black paint plus 1 part water. Apply paint mixture over colored shirt with sponge brush. Dab paint with a paper towel to give it a "batik" affect and remove the excess black paint. Colored design areas will resist paint. Uncolored areas will be black. Allow to dry.

3. If using vellum cut out shirt, about 1/8" larger than colored area all around.

4. Fold shirt sides to front at sleeve ends.

5. Write message inside.

Step-by-step (continued):



Strathmore Pure Paper Vellum;
Delta Ceramcoat® Acrylic Paint; Fiskars® Scissors



Coral Reef

by Barb Zimmerman

Coral reefs are found in tropical oceans near the equator. A reef is a coral community made up of thousands of different organisms living together. It is living and growing very slowly - only about one inch per hundred years!

You will need:

- ☐ 11" x 14" Canvas board
- ☐ Instant papier-maché
- ☐ Acrylic paint - light blue, lavender, white, turquoise, orange, light orange, yellow, purple, black & red
- ☐ Oven bake clay - coral & light pink
- ☐ Stencil - tropical fish
- ☐ Paint brush
- ☐ Wax paper
- ☐ Glue
- ☐ Toothpick

May need a helping hand



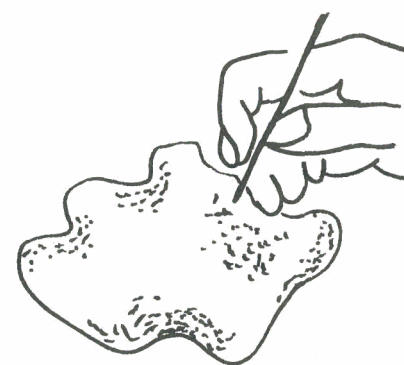
Step-by-step:

1. Drizzle light blue, lavender, turquoise, and white paint randomly over canvas board. Lay a sheet of wax paper over canvas board. With your hands, lightly rub in the paint, allowing the colors to blend together under the wax paper. Using the tip of your finger, lightly drag your finger lengthwise from the top of the canvas board to the bottom. Repeat this all across the board. Carefully lift the wax paper, starting at the bottom and peeling it up. Set canvas board aside to dry.

2. Knead the clay until soft and smooth. Shape a small portion of clay into a irregular shaped disk. Texture the surface using a toothpick. Gently shape by curling the edges into a piece of coral.

3. Bake on an oven proof glass surface at 275° F for 15 minutes per 1/4" thickness with good ventilation. DO NOT USE A MICROWAVE OVEN. Let cool.

4. Mix 8 oz. of water to 1/4 lb. of instant papier-maché in a plastic bag or mixing bowl. Knead until



Texture the surface of the clay using a toothpick to resemble the surface of coral.

Step-by-step (continued):

firm like clay or stiff dough with no dry spots. Form a coral reef along the bottom third of the canvas board. Let dry. Save remaining mixture.

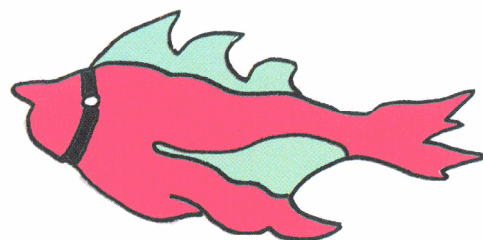
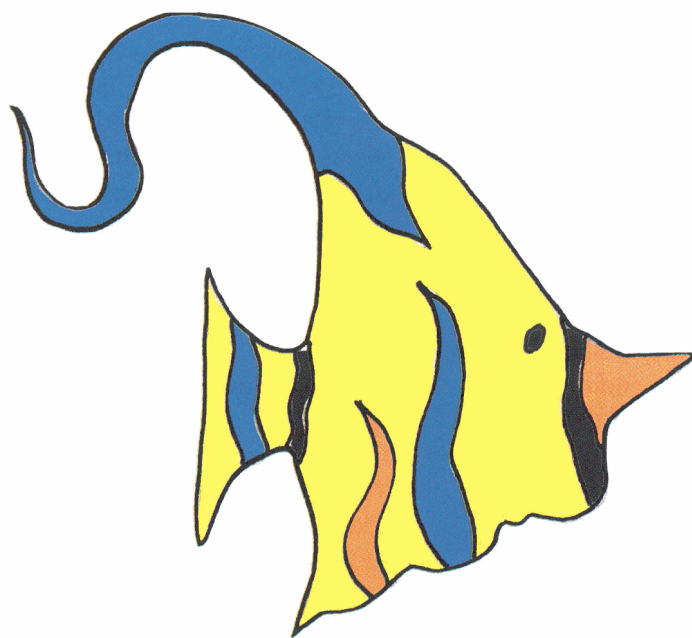
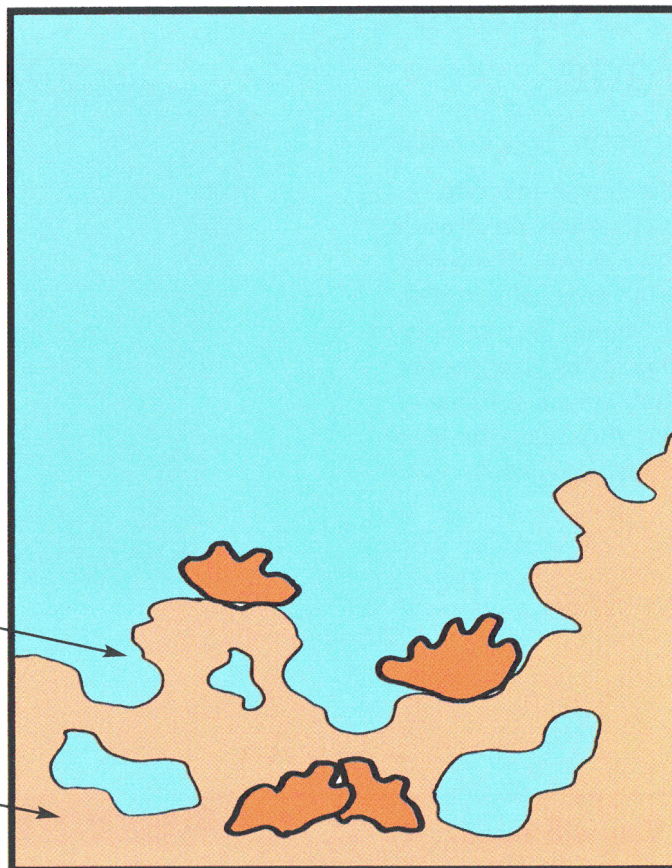
5. Paint the coral reef by blending orange and light orange randomly over the entire reef.

6. Stencil or use patterns to paint tropical fish using a variety of bright colors.

7. Glue clay coral pieces to reef. Let dry.

Coral
Made from oven bake
clay. Glue onto coral reef
once the papier-maché reef
is dried and painted.

Coral Reef
Made with instant
papier-maché. Let dry
thoroughly then paint.



Tropical Fish Patterns

Activa® Celluclay®; Delta Ceramcoat® Acrylic Paint, Stencil Magic® Stencil;
Polyform® Sculpey® III Polymer Clay; Beacon™ Kids Choice Glue™

Vacation Scrapbook Page

by Kathi Taylor Shearer

One of the favorite destinations for travelers from all over the world is the tropical paradise of Hawaii. This scrapbook page is for your photos whether you actually visit this beautiful place or just imagine it.



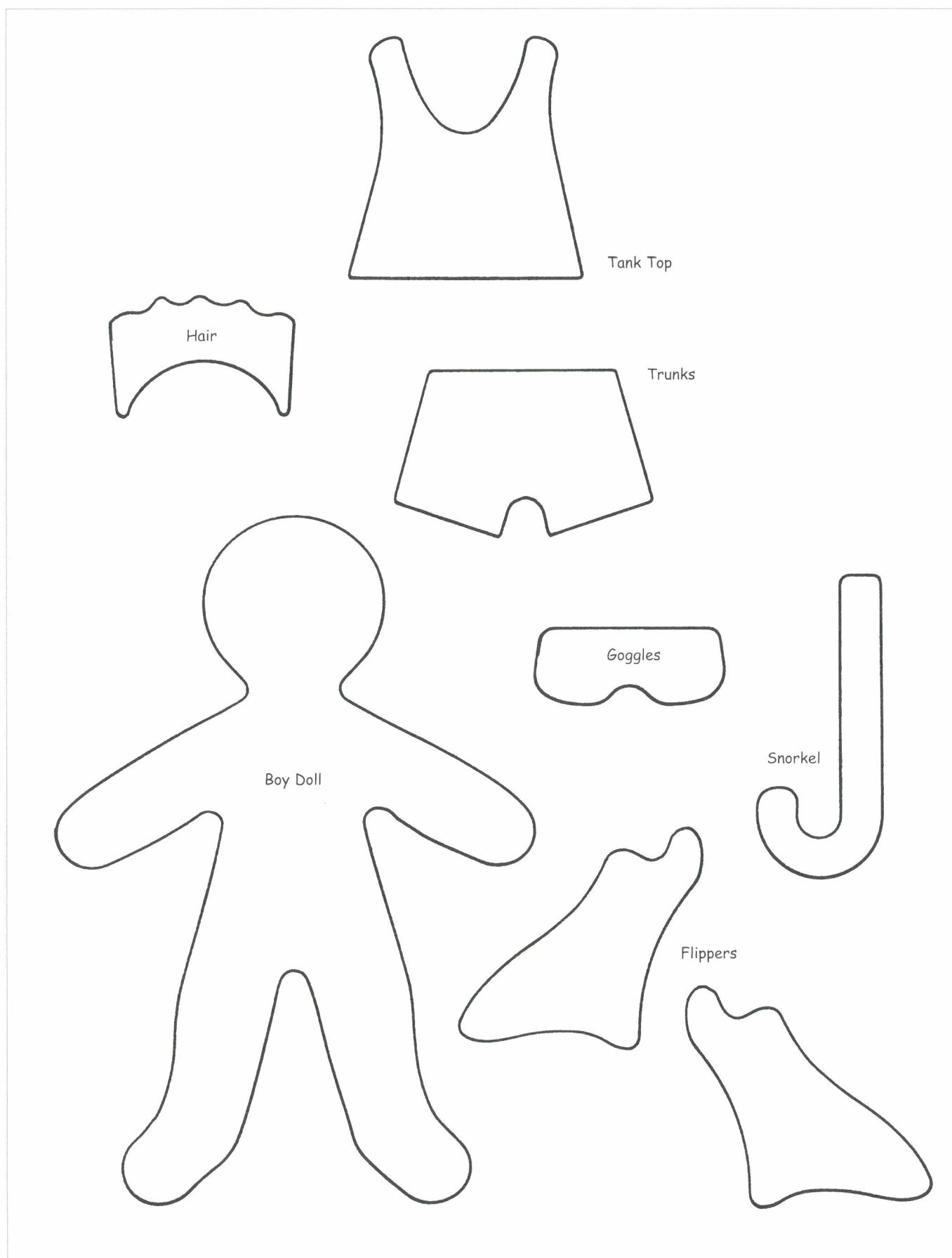
You will need:

- ☐ Cardstock - blue, red & green
- ☐ Construction Paper - green, red, brown, black, cream & yellow
- ☐ Patterned paper
- ☐ Paper crimper
- ☐ Shape cutting tool
- ☐ Craft mat
- ☐ Templates - beach boy, beach girl, letters & flower
- ☐ 1/8" Hole Punch
- ☐ Paper trimmer
- ☐ Fine point black marker
- ☐ Scissors
- ☐ Glue stick
- ☐ Photo

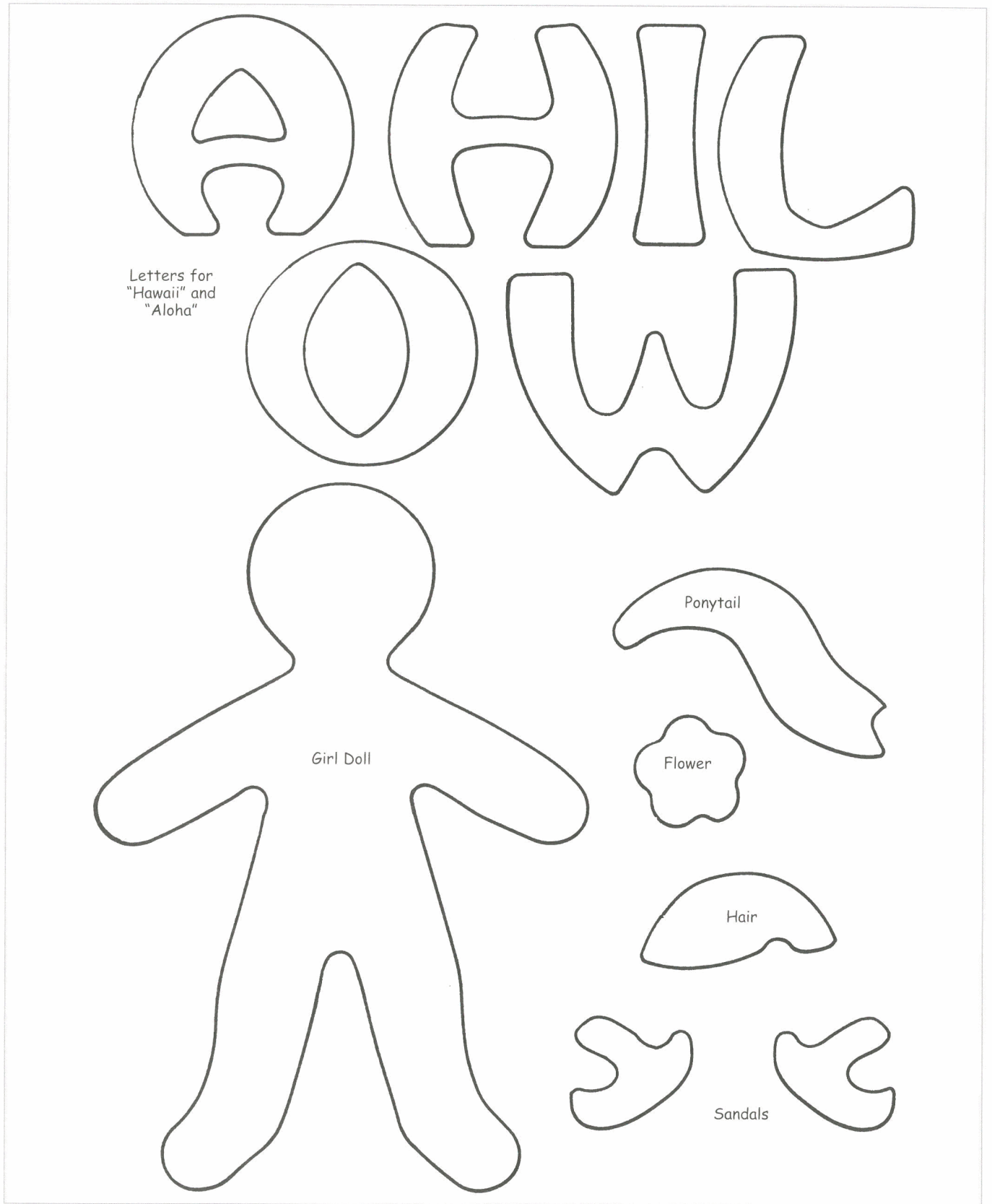
Step-by-step:

1. Using a shape cutting tool, craft mat and letter templates cut letters for "Hawaii" and "Aloha" from patterned paper. Option: trace and cut letters or hand write letters with marker.
2. Position letters on blue cardstock and glue in place.
3. Using a paper trimmer or scissors cut a mat for your photo from blue cardstock. Glue photo to mat. Then cut a slightly larger mat from either red or green cardstock. Glue matted photo to second mat. Glue to page.
4. Using a shape cutting tool, or patterns and scissors cut a boy or girl doll, hair, clothing, and accessories as desired from construction paper. Glue hair to doll head. Add facial features with a fine point black marker.
5. Using glue stick continue dressing your doll with clothing and accessories.
6. Measure and cut a 2" x 3-1/2" piece of green construction paper for the girls grass skirt. Crimp the cut out skirt lengthwise. Using the crimped lines as a guide, cut grass lengths, but do not cut all the way through to the end. Wrap skirt around doll and glue to the dolls back.
7. For the lei, use the shape cutting tool and flower template, or pattern and scissors to cut 5 flowers. Punch 1/8" circles and glue in center of each flower. Beginning at shoulders glue flowers around dolls neck.
8. Glue dressed and accessorized doll to page.

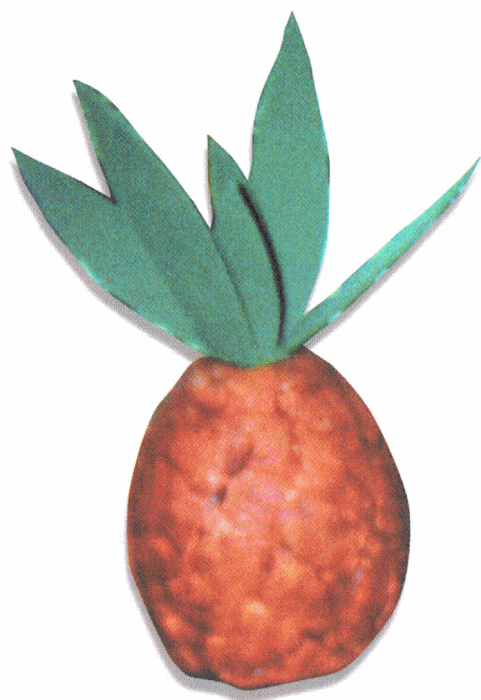
Step-by-step (continued):



Vacation Scrapbook Page, Step-by-step (continued):



Strathmore Kids® Series Construction Paper, Pure Paper Brite Hue Paper; Fiskars® Paper Crimper, ShapeCutter™, ShapeTemplates™, Craft Mat, Hand Punch, Personal Paper Trimmer, Scissors



Pineapple

by Lorine Mason

Over a third of the worlds pineapples are grown in Hawaii. This tropical fruit is their major agricultural product and a basis for their principal industry - food processing. In history the pineapple was a symbol of welcome.

You will need:

- | | |
|---|---|
| <input type="checkbox"/> 5" x 4" Craft foam egg | <input type="checkbox"/> Soft cloth rag |
| <input type="checkbox"/> Craft foam finishing medium | <input type="checkbox"/> Sponge brush |
| <input type="checkbox"/> Foam sheet - green | <input type="checkbox"/> Glue |
| <input type="checkbox"/> Acrylic paint - yellow & dark orange | <input type="checkbox"/> Scissors |
| | <input type="checkbox"/> Pencil |

May need a helping hand



Step-by-step:

1. Press egg shape onto a hard surface to flatten bottom. Push the pencil point into the top of the egg to create a 3/4" wide indentation. Using pencil, press into sides of egg to create a diamond pattern of grooves to resemble the pattern on a pineapple.

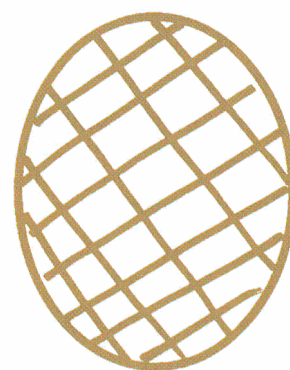
2. Using a sponge apply a coat of craft foam finishing medium to entire pineapple. Let dry.

3. Apply a coat of yellow paint to entire pineapple. Let dry.

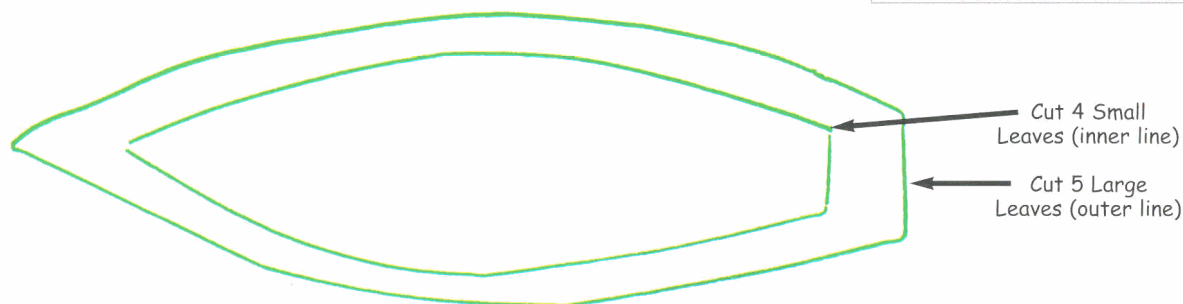
4. Dilute dark orange paint with water and brush a thin coat on pineapple. Using a soft rag, wipe away excess paint. Let dry.

5. Trace and cut out five large leaves and four small leaves from green foam sheet.

6. Dip ends into glue and press into indentation at the top of the pineapple. Let dry.



Using a pencil, press into sides of egg to create a diamond pattern.



Beacon™ Foam Finish™, Hold the Foam™;
Delta Ceramcoat® Acrylic Paint; Fiskars® Scissors

WHAT IS



- It's a Series of Craft Books for kids 7 - 12
- It's a Television Program found on Public Television stations all across the country
- It's a School Program broadcast via satellite to school systems everywhere.
- It's a Project to Help Kids. "Hands On" supports many local and national charities to promote creativity for kids.
- It's a website featuring projects, ideas, and information for crafting kids.
Log onto: <http://www.craftsforkids.com>
- It's "Hands On" FUN!

"Hands On Crafts for Kids" extends a special thanks to these companies for their invaluable support:



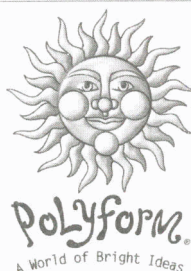
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Television Show Credits

Executive Producer and Host - Kathie Stull
Production - Beachwood Studios, Cleveland Ohio
Guest Hosts - Val Bernardino, Julie McGuffee, and Cheryl Ball
Deb Morris and Joann Pearson appear courtesy of Michaels, Inc.



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