

#10172

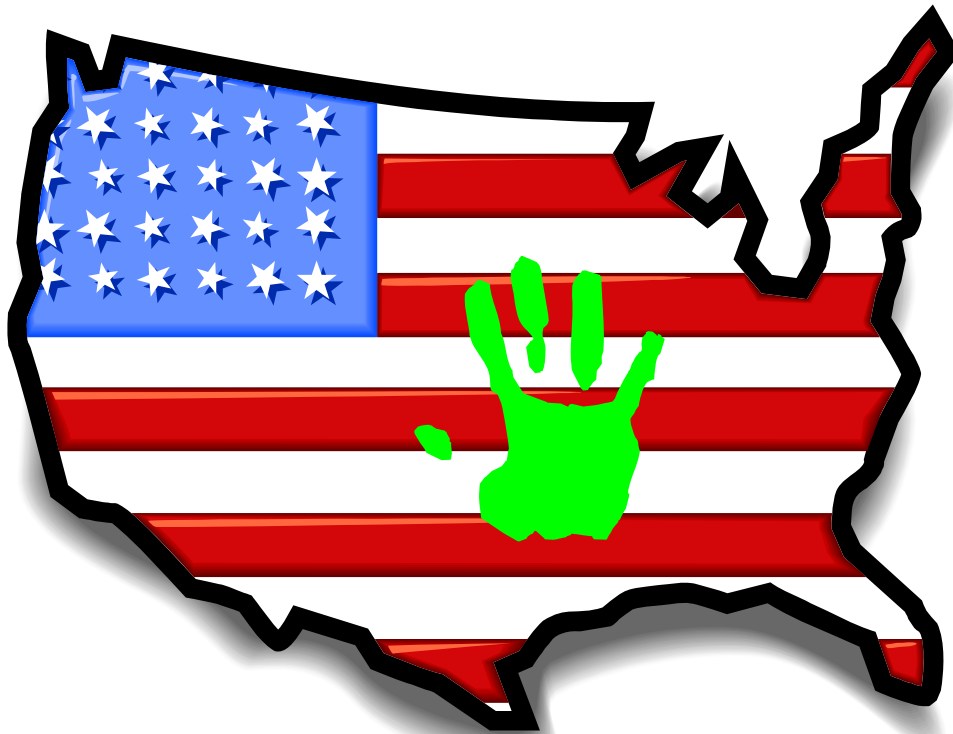
CRAFTING IN THE USA: APPALACHIA REGION

KS, INC., 2003

Grade Level: 5-12

27 Minutes

5 Instructional Graphics Included



CAPTIONED MEDIA PROGRAM RELATED RESOURCES

[#10173 CRAFTING IN THE USA: DEEP SOUTH](#)

[#10174 CRAFTING IN THE USA: FOLKLORE](#)

[#10180 CRAFTING IN THE USA: SOUTH EAST](#)

Special Note

to Teachers, Parents, and
Group Leaders about the
"Hands On" Philosophy!

Hands On Crafts for Kids
is all about celebrating
our kids' creativity
through the following
three elements.



Creativity. Crafting is
truly a wonderful way
for children to express
themselves and build
self-esteem. The projects
are designed just for
kids to encourage
development of individual
style and expression.



Crafting with a Purpose.
Hands On invites kids
to use their crafting to
help others. From making
gifts to special projects,
crafting can be both a
fun activity for kids
and a source of ideas
for charitable projects.



Knowledge. Learning
takes place through
well-designed, curriculum-
based, creative projects.
As kids explore their
creativity, they will also
learn about the world we
live in.

All Kids are Creative!!



Dear Kids and Parents:

It's time for another journey with Hands On Crafts for Kids - across the United States! From New England and the Atlantic coast, all the way across the continental United States and even to Hawaii, its time to celebrate the customs and symbols of the 50 United States.

There are state birds, flags, landmarks, and design styles representing each of the major regions of the country. We also have a special section on Appalachia - an area rich in crafting tradition, and a chapter on folklore and legends like Pecos Bill and Paul Bunyon, and lastly a chapter on patriotic designs for the entire USA.

Though each project shows a finished craft and all of our steps - don't be afraid to use some good old "American creativity". Substitute your favorite colors and any supplies you might have around the house. Make each project the way YOU want to. With Hands On there's no right or wrong way — only your way!

We hope you'll watch Hands On Crafts for Kids on television, too. It can be found on Public Television Stations all across these United States! Check your local tv guide or visit us on the web at www.craftsforkids.com. You can find information on how to find the program in your area plus lots of other great projects!

A little red, white and blue is in order so choose your favorite project and lets get started on a trek across these great United States!



Publisher	Katherine Stull
Project Editor & Design	Barb Zimmerman
Production, Layout & Design	Tamara Durant
Printing	Press of Ohio

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Basic Instructions and Special Tips

Look these ideas over before you begin Crafting in the USA. Have a wonderful trip!



IMPORTANT!

When you see the "helping hand" symbol on a project page, it means you may need adult supervision to do the project. Always use care when using tools or a heat source. Be careful and safe!



Prepare and protect your work surface and your clothes

Prior to beginning your craft project be sure and cover your work surface with plastic or old newspapers. A neat and clean work surface makes for fun and easy crafting. Be sure and protect your clothes as well. Wear an old shirt or an apron. And always keep a roll of paper towels handy to wipe up spills.



Basic Supplies

There are some basic supplies that are used throughout the book which are not always in the project supply lists. Some of these general supplies are: paper clips, toothpicks, paper, tracing paper, paper plate/paint palette, bowls for mixing, etc. Always review the supply list and instructions before getting started. Make sure you have all your supplies ready before starting a project.



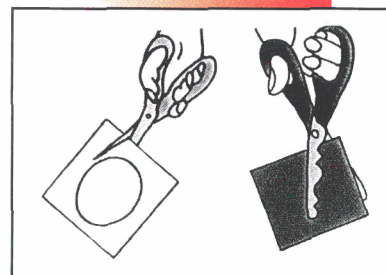
Read product directions

For best results, always read and follow directions given on each product label. Some products may seem to do the same thing, but there may be important differences you need to know. Sometimes it's helpful to test a product on a piece of scrap supply before using it on your project.

Basic Instructions and Special Tips, Continued

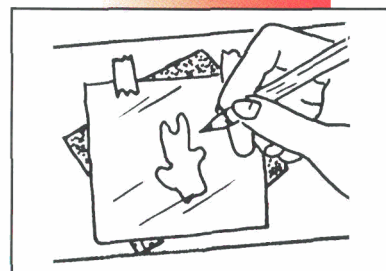
Cutting

When cutting with a pair of scissors, always work slowly and evenly. Hold the material you are cutting with the opposite hand, turning it toward the scissors as you cut. When using decorative edge scissors be sure and line up the cutting design that is along the edge of the scissor as you cut out shapes. Work slowly so you maintain a consistent decorative edge.



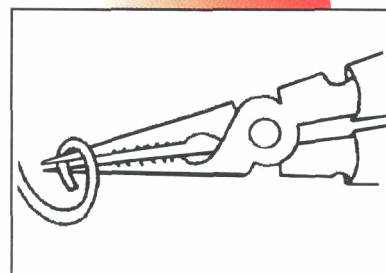
Tracing patterns

Trace the desired patterns from this book with a pencil onto tracing paper. Lay the traced pattern on top of a project surface. Place transfer, or graphite paper under the pattern then trace over design with a soft pencil, or crayon. Another way is to cut out the pattern from the tracing paper. Lay the cut out on your desired material, and draw around it.



Craft Wire

Craft wire comes in different sizes or gauges for example 18, 22, and 24 gauge. The higher the number the thinner the wire. Sometimes with thinner wire you can bend and shape it with your hands. However, some wire like the 18 gauge wire requires the use of needle nose pliers in order to bend and shape it to the desired design.



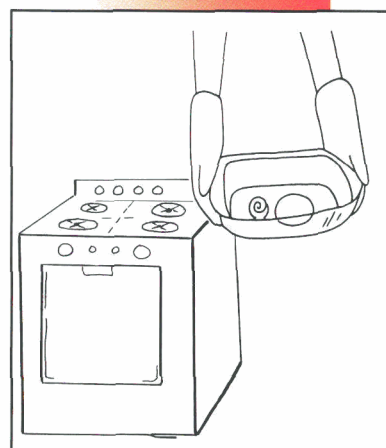
Clay

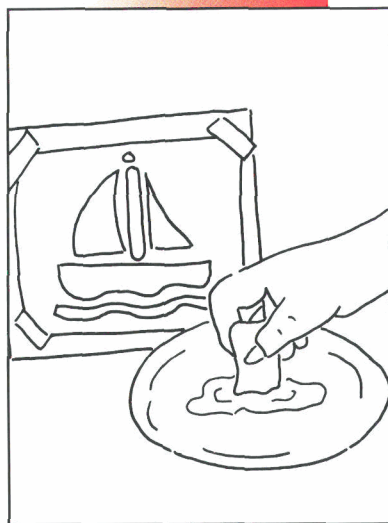
Oven bake clay

Knead clay until soft to make it easy to work with. Cover working surfaces with wax paper, then clean surfaces and wash your hands thoroughly after kneading. Bake clay on an oven proof glass surface in a 275°F oven for 15 minutes per 1/4" thickness, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.

Eraser clay

Bake clay on an oven proof glass surface in a 250°F oven for 10 minutes, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.





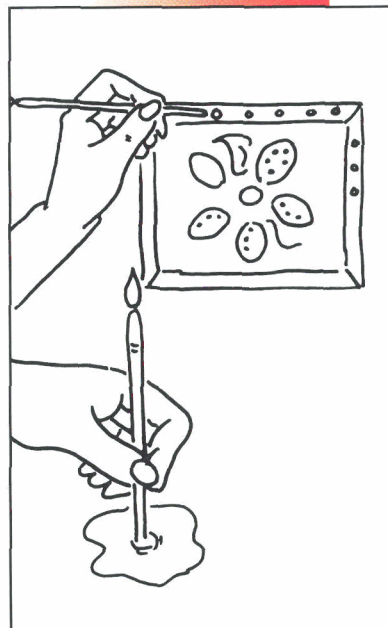
Painting Techniques

Stenciling

Secure the edges of the stencil with masking tape on the item you'll be stenciling. Squeeze a small amount of desired paint color(s) onto paper plate. Tap the flat end of a stencil sponge into the paint, tapping excess paint off on plate. Pounce the sponge onto the center of the stencil, applying an even coat of paint. To add an additional color to the same stencil pattern, use a clean stencil sponge and apply new color.

Dry-brushing

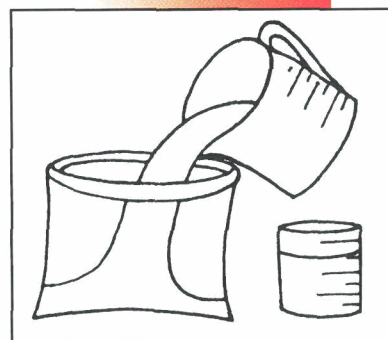
To dry brush, dip the tip of a dry brush into paint. Blot excess paint on a paper towel and apply in light strokes to surface.



Special effects

With paint or markers

You'll note that we frequently refer to adding special highlights to a project using paint or makers. To add decorative dots, eyes, etc. dip the end of a paint brush into desired paint color and apply it to your design. Lift the paint brush handle straight up from the project so the paint won't smear. Wipe off the end of your paint brush before changing colors. You can also use cotton swabs for this technique, however you'll need to use a separate one for each color used. You can achieve similar results by using markers from fine point to wide point markers. It's always recommended to use permanent markers so the colors won't bleed if used over paint or other mediums.



Instant Papier-Maché

Mix instant papier-maché in a plastic bag or mixing bowl. Add 32 oz. of water to 1lb. of instant papier-maché. Warm water mixes faster. Knead until firm like clay or stiff dough with no dry spots. If mixture is too soft, add more dry maché; if too dry, add water sparingly. Mixed instant papier-maché in a plastic bag will keep at room temperature for some time, or indefinitely in a refrigerator.

Rush Weaving

by Patty Cox

Natural rush chair seats are made by weaving a tight pattern from twisted leaves of rush or cattail. We're using a similar technique with plastic lacing.

You will need:

- ☐ 10 Yards brown plastic lacing
- ☐ 4-5 Cinnamon sticks
- ☐ Sand paper
- ☐ Glue
- ☐ Scissors
- ☐ Tape



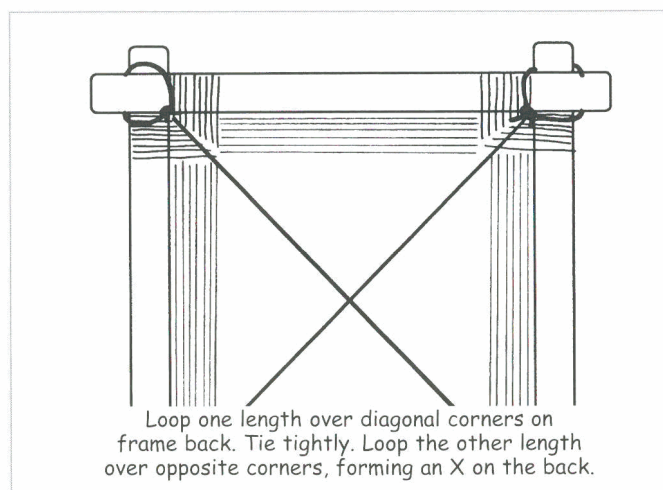
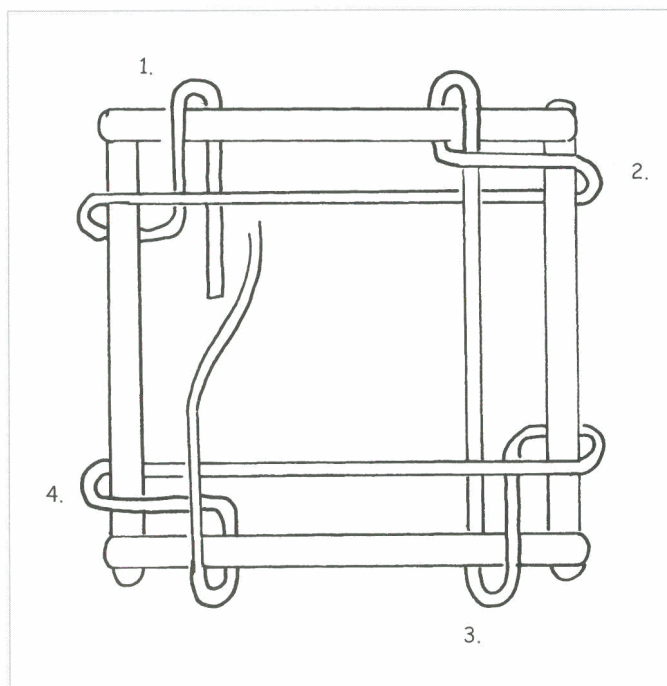
Step-by-step:

1. Cut or sand notches in cinnamon sticks 1" from each end. Glue notched corners together.
2. Weave craft lace around frame according to diagram. Tip: leave plastic lace bundled in skein as you weave.

3. To end weaving, thread plastic lace end under rows at one corner. Tie lace end to beginning tail, forming a hanging loop.

4. Cut two 18" lengths craft lace. Loop one length over diagonal corners of cinnamon sticks on frame back for photo strap or holder. Tie tightly. Loop the other length over opposite corners, forming an X on the back of the frame. Tie tightly. Cut ends. Slide photo or clip art in front of photo strap.

Option: Use craft sticks and yarn.



Toner Plastics, Inc.™ Craft Lace™;
Beacon™ Kids Choice Glue™; Fiskars® Scissors

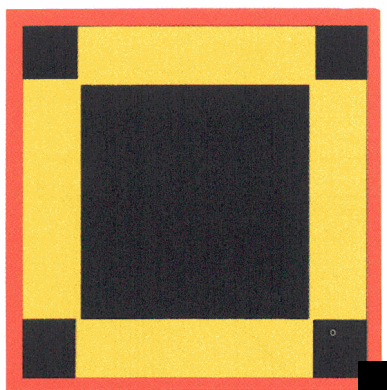
Paper Quilt Wall Hanging

by Lorine Mason

Starting with scraps of fabric and leftover clothing, quilting has always been a way to recycle fabric into a new use. Our pattern is an Amish design characterized by stark geometric shapes, black thread and fabric, highlighting bold colors.

You will need:

- ☐ Patch paper - red, green, blue & yellow
- ☐ Construction paper - black
- ☐ Tracing paper
- ☐ Graphite paper - white
- ☐ Black permanent marker
- ☐ Glue stick
- ☐ Pencil
- ☐ Ruler
- ☐ Scissors



Glue the yellow 1-1/2" x 6-1/4" strips in place on each side, leaving a 1-1/2" square space at each end.



Step-by-step:

1. Measure and cut the following pieces from the patch paper:

- One - 4-1/4" yellow square
- Four - 1-1/2" x 6-1/4" yellow strips
- One - 3" blue square
- Two - 1-1/2" blue squares
- Four - 1/2" x 10-1/2" red strips
- Four - 1" x 4-1/4" red strips

2. Measure and cut one 10-1/2" square from black craft paper.

3. Glue red 1/2" x 10-1/2" strips along the inside edges of the black square. Trim at the edges as needed.

4. Glue the yellow 1-1/2" x 6-1/4" strips in place on each side, leaving a 1-1/2" square space at each end.

5. Cut each 1-1/2" blue square in half on the diagonal. Glue in the corners.

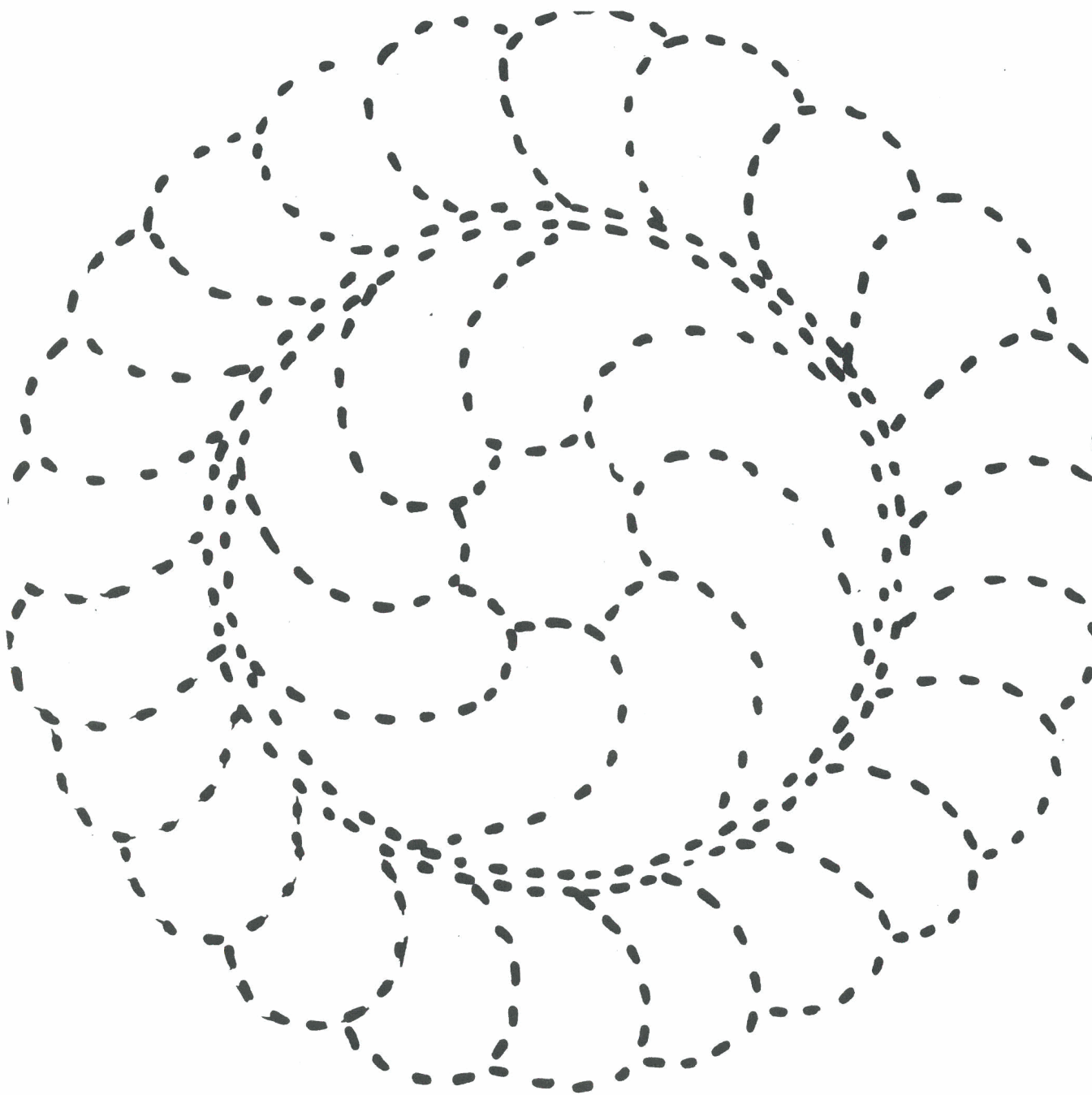
6. Glue the red 1" x 4-1/4" strips in place next to the yellow strips, leaving a 1" space at each end.

7. Glue the yellow 4-1/4" square in the center. Glue the blue 3" square in the center turning it on the diagonal.

8. Trace the quilt pattern onto tracing paper. Center the quilting pattern on top and while holding it in place, lay the graphite paper between the tracing paper and quilt. Draw over all the quilting lines, transferring the pattern onto the quilt.

9. Use the permanent marker to create stitching lines on top of the traced patterns and along the outside edges.

Step-by-step (continued):



Quilt Pattern

Strathmore Kids® Series Patch Paper, Construction Paper, Imagination Pack;
Fiskars® Scissors

Jacobs Ladder

by Cheryl Ball

Folk art plays a big part in the culture of Appalachia. Simple wooden toys were often created for children from scraps of wood and cloth. Jacobs Ladder is based on a Bible story.

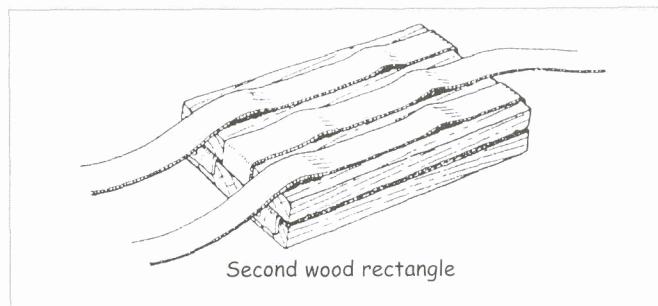
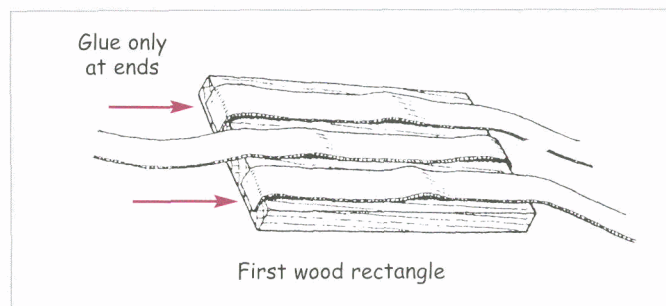


You will need:

- ☐ 5 wood rectangles - 1/4" x 2-1/4" x 1-3/4"
- ☐ Acrylic paint - lavender, light green, red, yellow, blue & orange
- ☐ Satin interior varnish
- ☐ 2 Yards 1/4" wide satin ribbon - red
- ☐ Flat paint brush
- ☐ Cotton swabs
- ☐ Tape
- ☐ Scissors

Step-by-step:

1. Paint each wood rectangle in your choice of colors. Let dry. Paint other side.
2. Use the flat paint brush to paint the sides of each a contrasting color. Use cotton swabs to apply dots to both flat sides of each wood rectangle. Let dry.
3. Apply a coat of satin varnish to all wood pieces. Let dry.
4. Glue a length of satin ribbon centered to one end of a wood rectangle. Apply a small piece of tape to hold the ribbon in place until the glue dries. Lay the satin ribbon back across the wood rectangle. On the opposite end of the rectangle, glue two lengths of satin ribbon to either side of the center. Apply a small piece of tape to hold both ribbons in place until dry. Lay these two ribbons back across the top of the wood rectangle.
5. Place a second wood rectangle on top the the first and lay the ribbons back over the rectangle. Pull the ribbons snug, but not too tight, making sure that the ribbon is not twisted. Glue the ribbons to this second rectangle in the same manner as the first rectangle.
6. Continue with remaining rectangles. Trim the excess ribbon from the ends when the last rectangle is in place. Allow glue to thoroughly dry before removing tape.



Delta Ceramcoat® Acrylic Paint, Interior/Exterior Varnish

Clay Folk Doll

by Joann Pearson
of Michael's Arts & Crafts Store
www.michaels.com

Nothing went to waste, and dolls were often made by hand for young children. This folk doll is a traditional Appalachian design.



You will need:

- ☐ Oven bake clay - beige
- ☐ Doll head clay mold
- ☐ 6" Wood heart
- ☐ 2" Wood star
- ☐ 2 Black "e" beads
- ☐ Acrylic paint - gold & red
- ☐ Twigs
- ☐ Spanish moss
- ☐ 4" Length jute cord
- ☐ 22 Gauge wire
- ☐ 12" length of ribbon
- ☐ Scissors
- ☐ Glue
- ☐ Craft drill
- ☐ Paint brush
- ☐ Sand paper
- ☐ Craft snips

May need a helping hand

Step-by-step:

1. Using clay doll head mold and beige clay, mold dolls head. Remove from mold and press black "e" beads in place for eyes.

2. Bake clay on an oven proof glass surface at 275° F per 1/4" thickness, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.

3. Drill four holes in the heart with the craft drill. Two holes 1/2" apart at the bend of the heart and two at the top curve of the heart on either side.

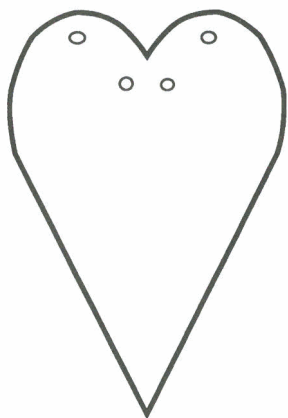
4. Paint the heart red. Paint the star gold. Let dry.

5. Sand off edges of heart and star to make the edges rough, or distressed.

6. Break twigs into 6" pieces. Bundle and wrap the twigs with a small piece of wire. Cut a 4" piece of wire to attach twigs to heart through drilled holes.

7. Cut an 8" length of wire and thread through the top holes for the hanger. Coil the ends of wire with end of a paint brush.

8. Glue a small amount of moss to top of head for hair. Glue head to top of the heart. Tie a small bow with jute cord and glue to neckline. Glue star on heart. Let dry.



Drill four holes in the heart with the craft drill.

Polyform® Sculpey® III Polymer Clay, Flexible Push Molds; Delta Ceramcoat® Acrylic Paint; Beacon™ Kids Choice Glue™; Fiskars® Scissors, Craft Drill, Softouch® Craft Snips

Basket Weaving

by Dimples Mucherino

Another of the basic traditional crafts of these mountain communities was weaving. Baskets could be created for all different purposes and from natural materials found in the surrounding area. Our basket actually can be made from fine hemp, cording or even embroidery floss.



You will need:

- ☐ 24 gauge wire - copper
- ☐ 1 Skein natural hemp cord
- ☐ Glue
- ☐ Craft snips
- ☐ Scissors
- ☐ Ruler

Step-by-step:

1. Using craft snips cut seven - 7" lengths of copper wire. Lay six lengths side by side, aligning ends. Wrap one end of one wire around center of stack. Spread wires apart evenly in a circle to form base of basket.

2. Cut a 12" length of hemp cord. Set aside.

3. Tie one end of remaining skein of hemp cord to one wire in cen-

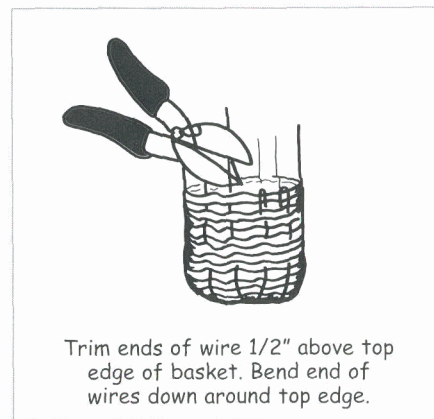
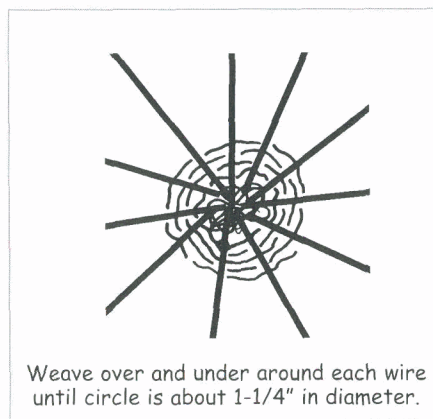
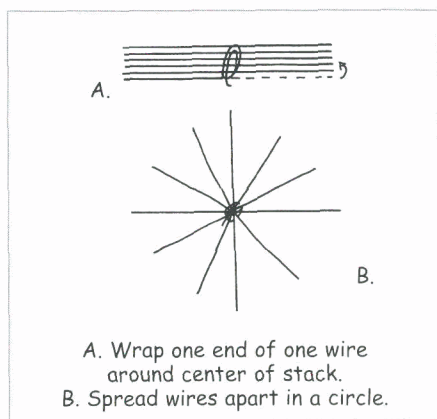
ter of circle. Weave over and under around each wire until circle is about 1-1/4" in diameter. Keep hemp cord taut.

4. Bend each wire up evenly forming the sides of the basket. Continue weaving hemp cord around sides of basket to the end of hemp cord.

5. Trim ends of wire 1/2" above top edge of basket. Bend one end

of wire down over end of hemp cord to secure. Pinch closed. Bend the remaining ends of wire down around top edge of basket alternating from inside to outside.

6. Bend remaining 7" length of wire in a U shape to form the handle. Insert ends into weave beside wires on opposite sides of basket. Glue in place. Let dry. Tie remaining 12" length of hemp cord on the handle in a bow.



Toner Plastics, Inc.™ Fun Wire™, Natural Knots; Beacon™ Kids Choice Glue™; Fiskars® Scissors, Softouch® Craft Snips

WHAT IS



- It's a Series of Craft Books for kids 7 - 12
- It's a Television Program found on Public Television stations all across the country
- It's a School Program broadcast via satellite to school systems everywhere.
- It's a Project to Help Kids. "Hands On" supports many local and national charities to promote creativity for kids.
- It's a website featuring projects, ideas, and information for crafting kids.
Log onto: <http://www.craftsforkids.com>
- It's "Hands On" FUN!

"Hands On Crafts for Kids" extends a special thanks to these companies for their invaluable support:



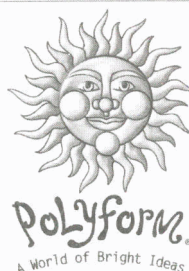
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Television Show Credits

Executive Producer and Host - Kathie Stull
Production - Beachwood Studios, Cleveland Ohio
Guest Hosts - Val Bernardino, Julie McGuffee, and Cheryl Ball
Deb Morris and Joann Pearson appear courtesy of Michaels, Inc.



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