

An Alphabetic Guide to Finding the Magic in You

The **ABCs** of Virtue



written by **Priya Kumari & Komal Garg**

illustrated by **Maitreyi Ghosh**

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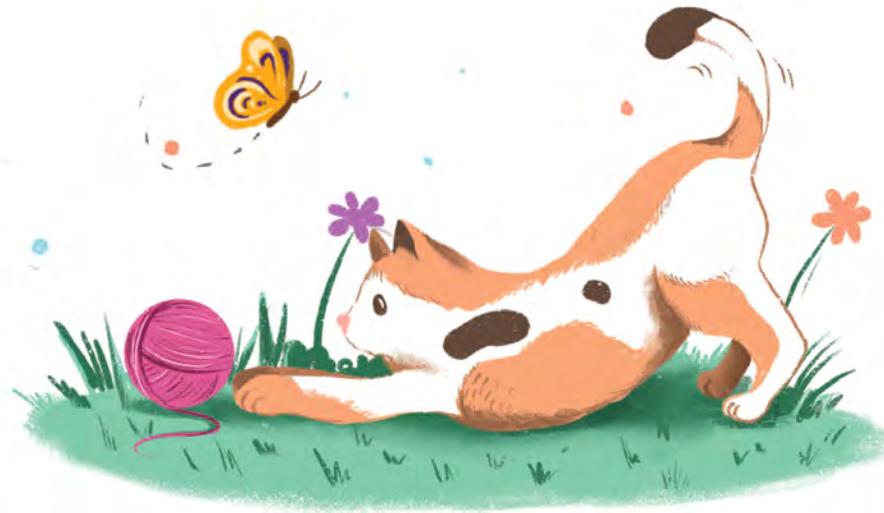
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We dedicate this book to all children who are the
hope and future of the world.

May you discover your magical inner selves and
have a fulfilling experience of life.

A is for
active



Be active and move about every day.
To stay strong and healthy, go outside and play!

B

is for
brave



Being brave means trying things that are hard,
Like climbing up walls, or tall trees in the yard.



is for

confident



Confident people can show they're not weak.
They're never afraid to just stand up and speak.

D is for **dutiful**



Our duties are all of the things we must do,
Like doing our homework and cleaning up, too.

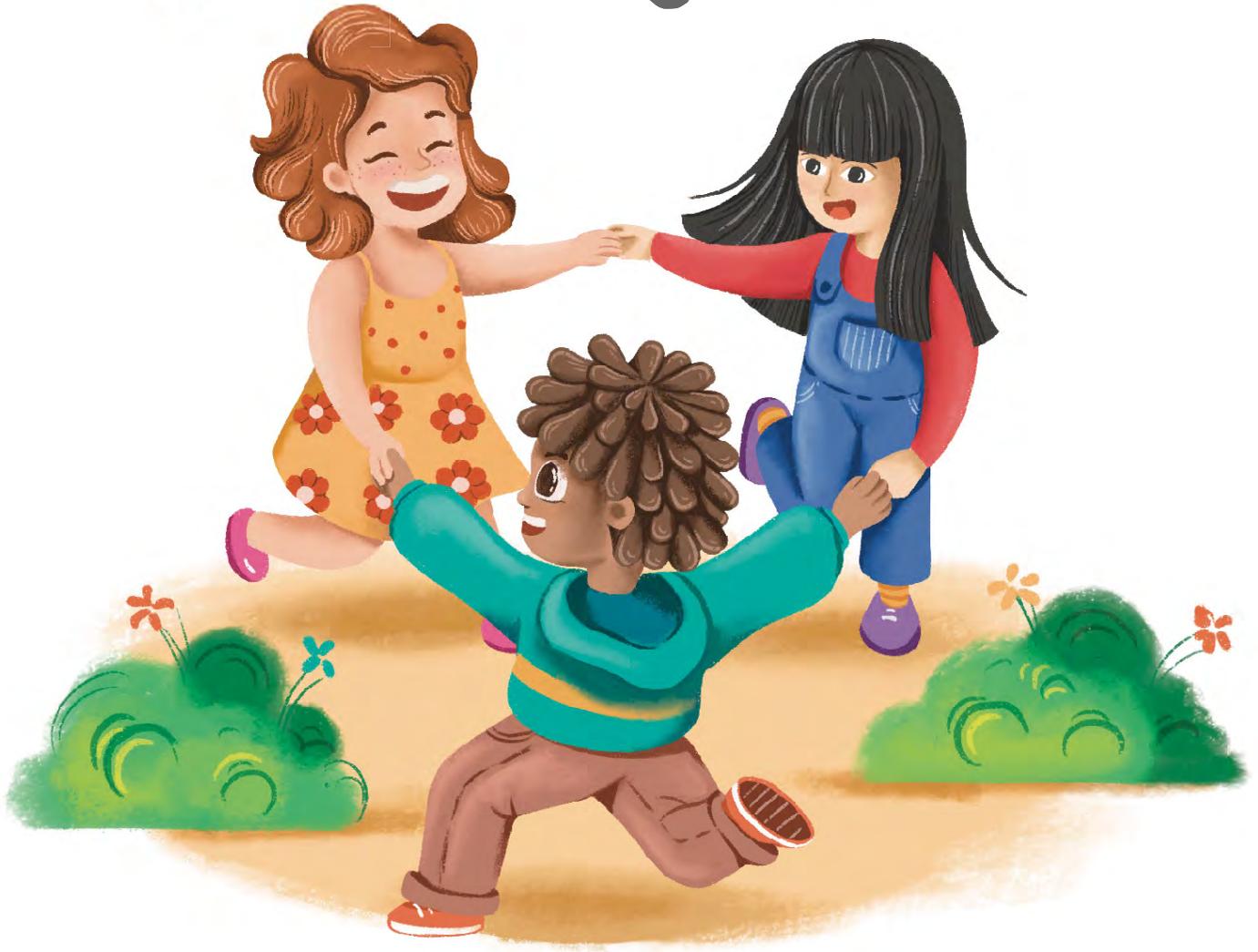
E

is for
ethical



An ethical person can tell right from wrong,
Like giving lost items to whom they belong.

F is for
friendly



Showing you're friendly means sharing a grin,
And playing with others, no matter their skin.

G is for **generous**



A generous person is giving, not greedy.
They donate their toys to help those who are needy.

H is for
honest



A person who's honest is free and they're fair.
They always speak truth and make others aware.



is for

imaginative



Imaginative people make something new.
They find new ideas as they play with their crew.

J is for
jovial



A jovial person is full of good cheer.
They find joy and happiness in every sphere.

K is for
kind



Having a kind heart means showing you care,
offering help to your friends everywhere.

L

is for
loving



People with loving hearts care for us all.
They love every being, the short and the tall!



is for

mindful



Being more mindful means being aware.
Notice the feelings and thoughts everywhere.

N is for
neighborly



Show that you're neighborly, always say hi.
Share with your neighbors when you make a pie!

O is for **Organized**



Organized people like making a plan.
They put things in order, the best that they can.

P is for Patient



Patience means waiting, without being hasty.
You must wait a while for a cake that is tasty.

Q is for **questioning**



Questioning people can find out what's true,
With answers that teach them about something new!

R is for
responsive



A responsive person's ear hears every sound.
They help those in need everywhere, all around.

S is for **strong**



Eat up your veggies to grow big and strong.
Healthy food choices make life nice and long.

T is for thankful



A person who's thankful appreciates you.
Go thank a teacher for all that they do!

U

is for

understanding



People who understand know how you feel.
They give helping hands and support to help heal.

V is for
valorous



Valorous people stand up for what's right,
Like heroes who fight crime with all their might.

w is for
wise



A wise person knows when to listen or speak.
They read lots of books, 'cause it's answers they seek.



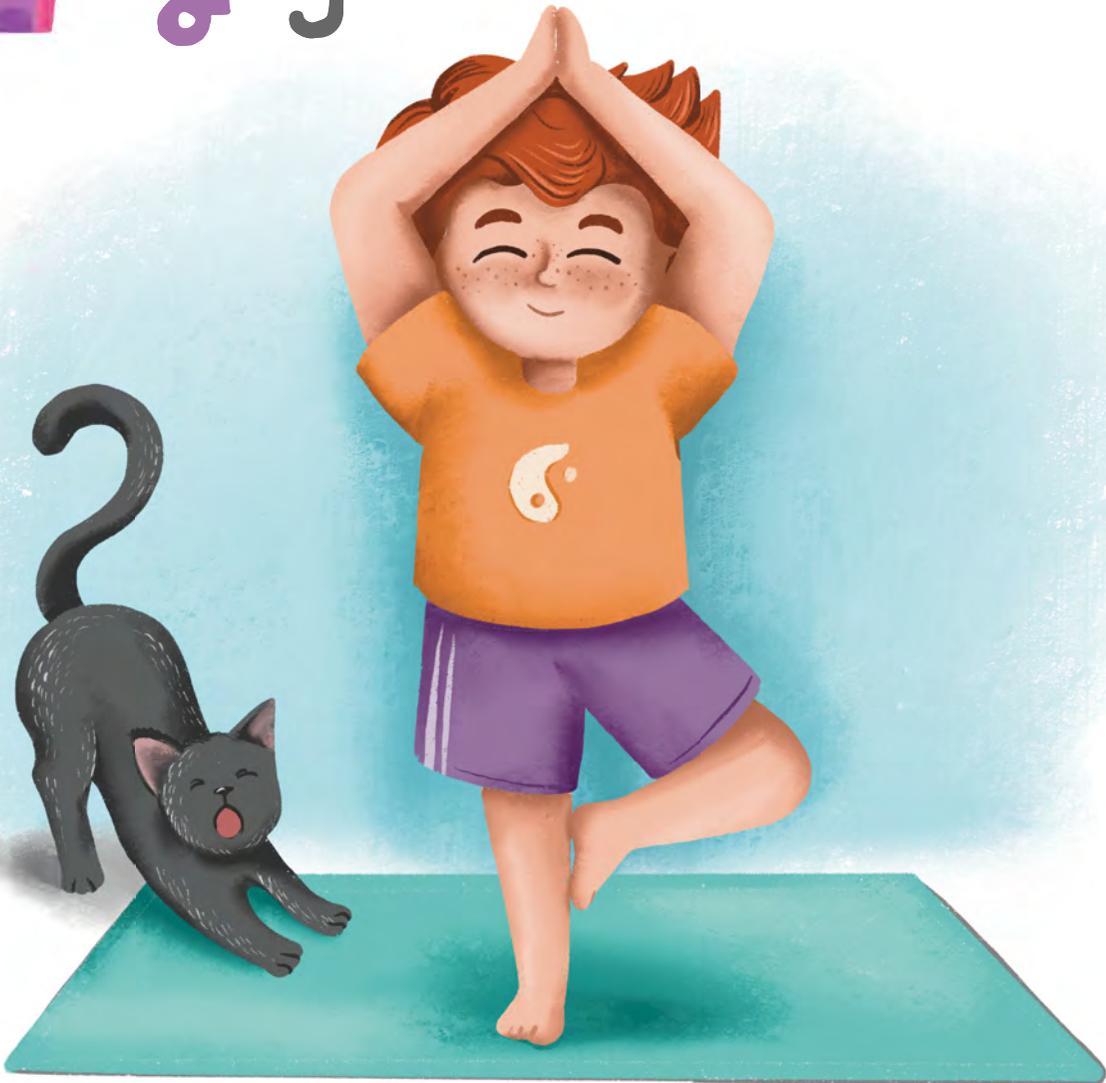
is for

think out of box



When you are stuck, think outside of the box,
A boat made of feathers or caddy of blocks!

Y is for
yogic



Yogic means merging your smile and strength.
Close your eyes tight and then stretch your length.

Z is for
zealous



A person who's zealous supports a good cause.
Like helping the world to protect nature's laws.

Dear Readers,

We sisters grew up listening to stories of virtuous personalities from ancient Indian epics. This inspired us to come up with an empowering vocabulary of virtue to inspire our children as well. While introducing alphabets to our kids, we also wanted to talk about human qualities.

The rhymes and pictures of our book will help young readers begin their journey of self-discovery. The journey of finding the magic in their inner selves. This book is going to encourage them to take care of themselves, perform their duties, tell right from wrong, consume what is necessary, endeavor to think differently, enjoy all aspects of life, live with compassion towards others and nature, respond to and question things around, speak wisely, and take control of their lives. How fulfilling their experience of life will be if they live by these profound values.

We hope 'The ABCs of Virtue' empower all lives! If you feel this book has the potential of contributing to a child's life, please leave a review on Amazon and share it on social media.

Visit www.eternaltreebooks.com for free printable worksheets. We have designed some interesting work for our little friends.

Thank you!
Priya & Komal

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