#9158 DRESS: PART II **THE BASIC WARDROBE**

JAMES STANFIELD COMPANY, INC. 1998 Grade Levels: 9-13+ 25 minutes



DESCRIPTION

Discusses and illustrates clothing care and fashion basics for males and females. Includes special consideration for those who are overweight and who use a wheelchair.

ACADEMIC STANDARDS

Subject Area: Life Work

- Standard: Displays reliability and a basic work ethic
 - Benchmark: Practices appropriate hygiene and dress at work

INSTRUCTIONAL GOALS

- 1. To emphasize the importance of coordinated dress in making a good first impression.
- 2. To identify "neutral" versus "other colors."
- 3. To illustrate the benefits of a classic style.
- 4. To compare the social and practical advantages of buying brand-name apparel.
- 5. To introduce the 12 basic pieces of a women's "mistake-proof" wardrobe.
- 6. To identify the three basic styles of footwear for women.
- 7. To introduce the 10 basic pieces of a men's "mistake-proof" wardrobe.
- 8. To identify the three basic styles of footwear for men.
- 9. To simulate how to select underwear.
- 10. To present steps in clothing care.
- 11. To examine dress issues for one who is overweight or one who uses a wheelchair.

AFTER SHOWING

Discussion Items and Questions

- 1. What is meant by "classic clothing"?
- 2. What are the neutral colors?
- 3. What are the rules of style and color of the basic wardrobe?
- 4. List the 12 basic pieces of clothing wardrobe for women.
- 5. List "classic" women's footwear wardrobe.
- 6. List the 10 basic pieces of clothing wardrobe for men.
- 7. List the "classic" men's footwear wardrobe.
- 8. Describe tips on properly hanging clothes.

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- 9. What clothing items should be put in dressers?
- 10. How should sweaters, tops and t-shirts be folded?
- 11. What are tips for stains, wrinkles, static cling, and other unwanted spots?
- 12. What should an overweight person consider about clothing?
- 13. What should a person who uses a wheelchair consider about clothing?

Applications and Activities

- 1. Have students bring to class the clothing sale ad supplements found in their local paper and find pictures of clothes that illustrate the four neutral colors. Make an individual and/or class collage for each color and label them according.
- 2. Make an individual and/or class collage showing clothes that are non-neutral in color, i.e. red, yellow, green, orange, blues other than navy, purple, pink, etc.
- 3. Make an individual and/or class collage showing male and female models wearing clothes that meet our rules of style and color of the basic wardrobe as outlined earlier.
- 4. Put on a fashion show for another classroom, using personal outfits exemplifying the rules of style and color of the basic wardrobe. Be sure correct shoes, footwear, hose, belts and purses are also illustrated.
- 5. Demonstrate the right and wrong way to hang up and fold clothes.
- 6. List what gets hung up in a closet and what gets put in a dresser drawer.
- 7. Demonstrate what to do when stick deodorant gets on a piece of clothing.
- 8. Practice using a lint roller on their sweaters or dark slacks.

SUMMARY

Our fashion consultant reminds us of the importance of dressing properly to make a good "first impression."

She shows us the 12 basic pieces of a simple "mistake-proof" wardrobe for women and then the 10 basic pieces of wardrobe for men. Illustrates how individual pieces of the wardrobe can be "mixed and matched" in numerous combinations without making a coordination mistake. No matter what outfit you put together from the 10 piece men's wardrobe or the 12 piece women's wardrobe, it will coordinated.

She shows us how to care for clothing by properly hanging and folding clothes so they won't wrinkle. She also gives tips on how to deal with stains, static cling and lint. Finally, she presents special clothing tips for people who are overweight, and for those who use a wheelchair.

RELATED RESOURCES



Captioned Media Program

- Common Mistakes People Make in Interviews #8248
- Dress: Part I #9157





The following Web sites complement the contents of this guide; they were selected by professionals who have experience in teaching deaf and hard of hearing students. Every effort was made to select accurate, educationally relevant, and "kid safe" sites. However, teachers should preview them before use. The U.S. Department of Education, the National Association of the Deaf, and the Captioned Media Program do not endorse the sites and are not responsible for their content.

• QUINTESSENTIAL CAREERS

http://www.quintcareers.com/dress for success.html

This article "When Job-Hunting: Dress for Success" provides several helpful tips in picking out proper dress for a given job/company/industry. Clink on one of the two links for gender-appropriate dress tips for men and women. Contains other "Dress for Success" link resources.

AMERICAN LIBRARY ASSOCIATION

http://www.ala.org/nmrt/footnotes/interview.html

Suggests numerous tips for making a good first impression, including "Dress the Part." Also has "Guard Your Health," and "Be Yourself."

HOBSONS COLLEGE VIEW

http://www.collegeview.com/career/interviewing/first_impress/ace.jsp

From the Career Center, suggests tips on how to "Prepare Your Interview Outfit in Advance, "Look Alert, Well-Groomed, and Clean," and "Smile and Maintain Eye Contact."